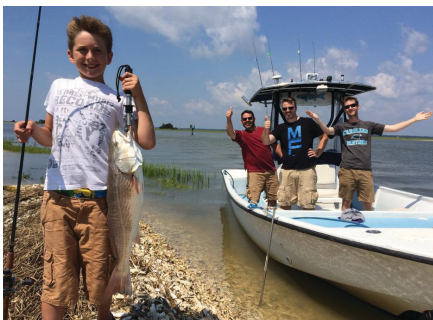




will be held Oct. 7, with a start time of 8 a.m. sharp. The route takes runners across the IOP Connector – which closes to all traffic at 7 a.m. Participants can choose either the 5K walk/run or 10K run, both of which begin at the IOP post office. Runners who opt for the 5K will turn around halfway across the Connector, while 10K runners continue across the length of the Connector, heading back to Isle of Palms at the entrance of Seaside Farms. Both runs end at the Public Safety building on J.C. Long Boulevard with a well-deserved after party that includes award presentations, a complimentary beer garden, family fun and rockin’ music by local band Plane Jane.

With 25 years under its belt, the IOP Exchange Club is commemorating this milestone with a T-shirt designed by local businessman Kevin Curran, who won the design contest for the race poster and shirt. His vision, which perfectly captured the spirit of the Connector run, will now serve as yet another keepsake from this local event.

In the IOP Exchange Club’s continued quest to serve and celebrate the families of the Lowcountry, running strollers will be welcomed to the race for the



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