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SUMMER 2016

MAGAZINE



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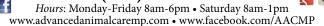




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A CULINARY TREASURE ON THE ISLAND: THE REFUGE



Vol. 2, Issue 2 Summer 2016





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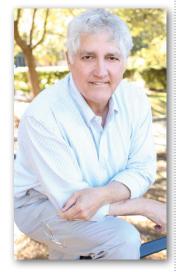




PUBLISHER'S NOTE

VERYONE HERE AT ISLE OF PALMS MAGAZINE AND Sullivan's Island Magazine still can't believe it. Our publications are now greeting people as they travel our state in all the official South Carolina Welcome Centers. Very few publications receive such an honor; it's kind of like being greeters for the Palmetto State.

Statistics compiled by the South Carolina Department of Tourism outline the reasons people come to our state. It's amazing how much information is collected from the millions of visitors who travel through the Welcome Centers. Year after year, the most popular thing visitors enjoy most about South Carolina is our beaches, and the Isle of Palms is one of our most popular beach destinations. Sullivan's Island attracts



a good number of sun worshipers as well. Millions of people visit South Carolina's island towns.

The articles on the rich history of both islands are one reason the South Carolina Welcome Centers wanted to distribute Isle Of Palms Magazine and Sullivan's Island Magazine. As visitors travel through these popular Welcome Centers, staff members are becoming more familiar with our area and are giving more in-depth answers to questions visitors ask after reading our magazines.

Not only are we excited about our statewide distribution, but, as always, we are pumped up about our island magazines. Published four times a year, we pride ourselves on providing you with interesting and informative content. Our Summer issue is no exception, starting with our story about The H.L. Hunley. For decades, I've referred to the bridge between the Isle of Palms and Sullivan's Island as the Breach Inlet Bridge. It is actually the H.L. Hunley Bridge, in honor of the submarine that was deployed from Sullivan's Island by the Confederacy against the Union fleet in 1864. You can also read about the Sullivan's Island Farmers Market, Marshall Reservation and a salt business that was once located on Sullivan's Island.

Cross over the H.L Hunley Bridge and flip to Isle Of Palms Magazine. We caught up with longtime resident Clay Cable, visited the Isle Of Palms Marina and suggested the top 10 things vacationers might want to consider while staying on the Island - and more, including an awesome story we published about returning to the Isle Of Palms after Hurricane Hugo.

Isle Of Palms Magazine and Sullivan's Island Magazine make the perfect tour guide. They are waiting in the South Carolina Welcome Centers so they can tell visitors about our slice of paradise.

BILL MACCHIO

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Bill Marshir

Summer 2016 Volume 2, Issue 2

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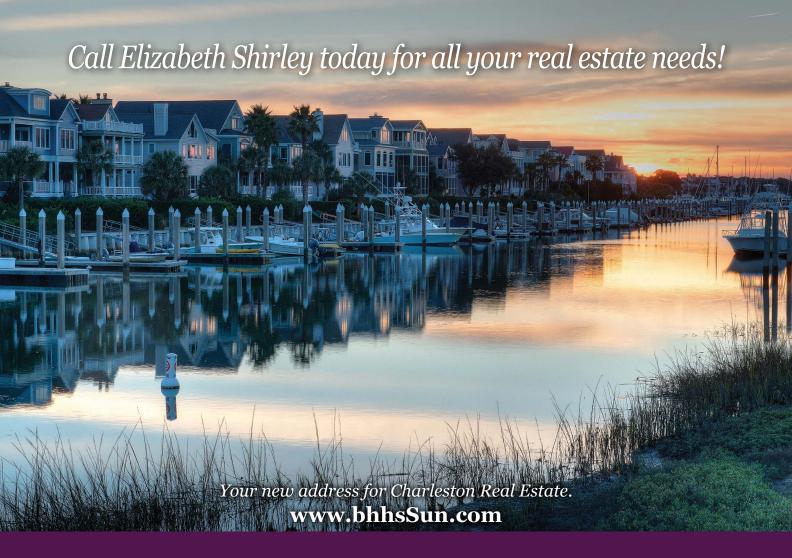
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Elizabeth Shirley

Lives in: Isle of Palms, South Carolina.

From: Charleston, South Carolina.

Education: College of Charleston.

Employment: Realtor at Berkshire Hathaway Home Services, Mount Pleasant.

Favorite reading: Pat Conroy, John Steinbeck, Sue Monk Kidd, cookbooks and travel guides.

Favorite music: U2, The Doors, Van Morrison, The Cure, Stevie Nicks, Harry Belafonte, Etta James and early jazz.

Activities: Biking, weight training, running (but only when I have to!), roller skating or anything outdoors.

Interests: Learning other languages and cultures, cooking, architecture and, of course, Charleston Real Estate.

Likes: Travel, food, wine, kind people and Jesus.



Geri D'Italia

Lives in: Mount Pleasant, South Carolina.

From: South Jersey.

Education: BSC, College of Charleston, CHES,

NASM-CPT.

Employment: IOP Recreation Center.

Favorite reading: The Inner Game of Tennis - Timothy Gallwey.

Favorite music: Al Green, Eric Clapton, KoKo Taylor.

Activities: Physical training outdoors or any activity that pushes my physical limitations.

Interests: Designing and implementing exercise programs such as "Fit Body in 50."

Likes: Having fun with family and friends – especially Sofia, my 5-yearold cocker spaniel, who can be seen surfing on IOP beaches.



Michael Fitzgerald

Lives in: Mount Pleasant, South Carolina.

From: New York/Los Angeles/Virginia.

Education: Politics degree from the University of Virginia and a degree in Piano Studies from The Juilliard School.

Employment: Bar manager at The Refuge and freelance bar

consultant.

Favorite reading: Arcane political theory books.

Favorite music: Steely Dan, Flamenco guitar, Classical and Van Halen.

Activities: The beach, bad golf and hanging at the Dinghy.

Interests: Kiteboarding - I haven't done it yet, but I'm interested.

Likes: Great rum and wines I can't afford, artichokes ... and hanging at The Dingy.

Favorite quote or philosophy: "You know, I'm sick of following my dreams, man. I'm just gonna ask where they're going and hook up with 'em later." – Mitch Hedberg



Rini Kosmos

Lives in: Isle of Palms, South Carolina.

From: Baltimore, Maryland. **Education**: University of Life.

Employment: Head fairy of Gardening Angel,

LLC.

Favorite reading: "The Secret Life of Plants." No joke. I've been reading this book for over five years now. It's so amazingly interesting that I can only absorb a few sentences at a time. Oh, and anything from early Stephen King.

Favorite music: A little light jazz, '70s disco, old school R&B, tons of Electric Area on Sirius XM.

Activities: Running, Pat Boyd's Total Body Challenge at the IOP Rec and creating my "living memory" garden baskets.

Interests: Anything pertaining to fairies, fae, spirits, nisse or fawn – they're out there! Kubiando!

Likes: Well, I guess I like the Gamecocks since my son Nicky just finished his first year at USC. And my 6-year-old son has gotten me really into making "Alien Keeper Awayers" out of cereal boxes. I also really like going everywhere barefoot. It keeps me centered with Mother Earth.



"About Everything a Fellow Can Hope For"

CLAY CABLE ON THE ISLE OF PALMS



HOUGH HE
was born and
raised in the
North Carolina
mountains, Clay
Cable has lived
for nearly 60
years in a place where others spend
thousands of dollars to visit for a
week.

For this, the 90-year-old former mayor of the Isle of Palms is grateful, not just for the sunny joys of decades past but for the simple, tangible pleasures still enriching his life today. A child of Depression-era Appalachia, the everyday enjoyment of island life continues all these years later to bring him delight and satisfaction.

"I've got a dock across the street," he explained. "I've got a little boat rigged as a shrimp boat. I've got a flatboat I can use to fish for flounder or redfish. I've got my birds – my purple martins. I've got a great vegetable garden. And flowers. My wife planted about 500 of them today."

Though the World War II veteran and his first wife, Martha, didn't arrive on the Isle of Palms until he was 31, few native-born islanders have lived on IOP as long as Cable. He and Martha purchased two lots on Palm Boulevard from a young developer named Arthur Ravenel Jr. in the late 1950s. Facing the Intracoastal Waterway, they cost just \$2,800 for both – and the couple spent an additional \$1,500 for three lots across the street on the water.

"We didn't have a lot of things here," Cable remembered.

Even the now-defunct Red and White Market was still a coming attraction; islanders shopped on Sullivan's or in Mount Pleasant. The nearest drugstore was Bert's Pharmacy – later the legendary Sullivan's Island bar. And, of course, the Isle of Palms

Connector was still nearly 40 years in the future.

"I worked in Charleston, as fleet superintendent for the Van Smith Concrete Company, so every day I had to travel clear down Sullivan's and across the Ben Sawyer Bridge," Cable said.

Nonetheless, Clay and Martha felt blessed.

"My kids had a wonderful place to grow up," he said.

Daughter Linda studied piano in downtown Charleston, while their son, Clay Jr., used to surf – or sometimes ride his bicycle to the old Isle of Palms airstrip and swim across the Intracoastal Waterway to Goat Island, where he'd meet a young female friend.

"I told him he had better be careful, or some tugboat was going to run him over," Cable said. "But he promised me, 'Daddy, I always look both ways before I jump in.'"

Even today, the story makes Cable laugh: "I'm pretty sure they were just friends, but, once I saw what all the boy'd do just to go over and meet with that girl, I knew he was going to do all right."

The Isle of Palms offered little in the way of civic services, but, along with many of his pioneer neighbors, Cable volunteered countless hours helping to build the new community. He assisted in the creation of the playground and recreation center between 27th and 29th avenues, helped secure and clear the lot for the Isle of Palms Baptist Church on 24th Avenue and served 20 years as a volunteer firefighter.

In the 1950s and early 1960s, Republicans also were scarce, both on the island and in South Carolina. After working side-byside with future Gov. Jim Edwards of Mount Pleasant, fundraising and campaigning for presidential candidate Barry Goldwater during the 1964 campaign, Cable and Iowa-born Max Capper helped assemble a group of like-minded islanders to run against the incumbent slate of Democrats.

"We were definitely mavericks," Cable recalled. "Everything was Democrat. Salvatore Sotille was mayor, and, in order to maintain control, they had a rule that you had to run a full slate in order to compete. You couldn't run just one person. You had to have a mayor and eight council people. And with a novice outfit, we just had a hell of a time doing that. I like to say we had to run the town drunk in order to get a full slate. And we did! His first name was Bill – I won't give you his last name."

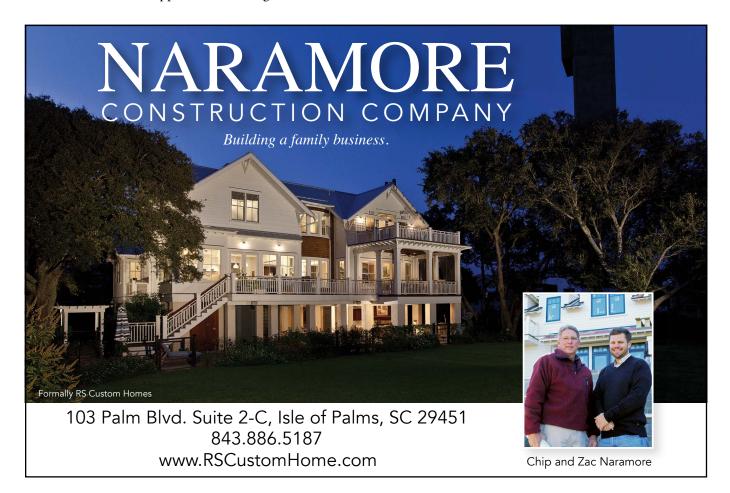
Somehow, the cobbled-together GOP ticket managed to carry the day. Capper was elected mayor, and Cable (and Bill) became town councilmen.

"Hell – we won it," Cable said, still with a bit of wonder in his voice. "We won everything!"

Cable went on to spend 13 years on the Town Council as an ardent supporter of building the



Clay Cable spent 13 years on the Isle of Palms Town Council and served as mayor twice. He left office in 1985.



Isle of Palms Connector.

"You had 1,200 to 1,800 people on the island. Being a fireman, I knew evacuation and the danger of getting trapped was a major problem," he pointed out.

When Capper, his longtime friend, passed away in 1980, a year-and-a-half after being reelected mayor, Cable ran successfully for his unexpired term. He then went on to defeat challenger Carmen Bunch in 1981 to win his own full term outright. He left office in 1985.

In the 30+ years since stepping down as mayor, Cable has kept busy. After retiring from his job at a cement company, Cable purchased his own shrimp boat, the "Lil' Bit," hired an experienced shrimper to captain the craft and often served on his employee's crew. The commercial venture, which lasted five years, was partly successful.

"I didn't make a lot of damn money," Cable joked. "But we caught a lot of damn shrimp."

In honor of his advocacy for local shrimpers, his peers chose Cable to serve as vice president of the South Carolina Shrimpers Association.

With son Len and daughter Linda raised, Cable and his wife continued to enjoy their waterfront life until Martha passed in 2009, after 59 years of marriage. A few years later, in his late 80s, at an age when other men might be tempted to grab a favorite chair and fix their thoughts on the past, Cable's future took a completely unexpected turn. One Sunday about four years ago, he decided to skip the service at his usual church and go to Sullivan's Island Baptist Church, where Martha liked to attend. There he spied the former Norma Morris, a woman he had watched grow up over the years.

"She told me, 'The last time your wife visited, she was sitting right here beside me.' I hugged her, and we both cried."

After chatting a while, the widower remembered that he had prepared a lunch for after the service and decided to press his luck: "I've got a little pot roast cooking at home," he told her.

"When she didn't respond at first, I thought, 'Oh hell, I've overdone it.' But then she leaned over and said, 'I'd love to.'"

After that, according to Cable, "She was in my kitchen every Sunday afternoon until I convinced her to stay."

Today, at age 90, Cable and his wife Norma – a talented painter – continue to live on one of the two lots he bought from Arthur Ravenel in 1957. Though





Extraordinary home with great views of the Wando River and the National Forest! Custom built with exceptional features including a large front porch, formal entry with picturesque views of the open water, kitchen is open to the Great Room with natural light and custom moldings. Lots of custom cabinetry, gas fireplace in Great Room and a spacious Dining Room. Elevator to all levels, master bedroom on first floor with views, double closets, master bath with large tile floors. Deep water boat dock and beautiful swimming pool.





Darlene Smith

Carolina One Real Estate 1503 Palm Blvd., Isle of Palms, SC 29451-2280

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the working-class town he helped shape has become an international resort, Clay continues to live much as he did in 1959 – boating, fishing, gardening – and seems to enjoy it as much as ever.

"It's a hell of a nice arrangement," he remarked. "I've got just about everything a fellow can hope for."



Clay Cable has lived for nearly 60 years where others spend thousands of dollars to visit for a week.





N IDYLLIC SUMMER TRIP TO THE ISLE OF

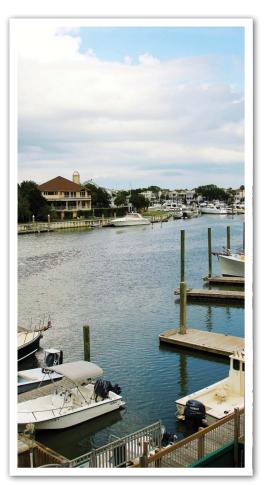
Palms is the source of countless nostalgic memories for both young and old: the smell of salt air seducing your nostrils; the feel of silky sand or sticky pluff mud beneath your feet and between your toes; innovative and not-so-well-thought-out sand castles; floats; fishing; boating; beach games; watersports; and more.

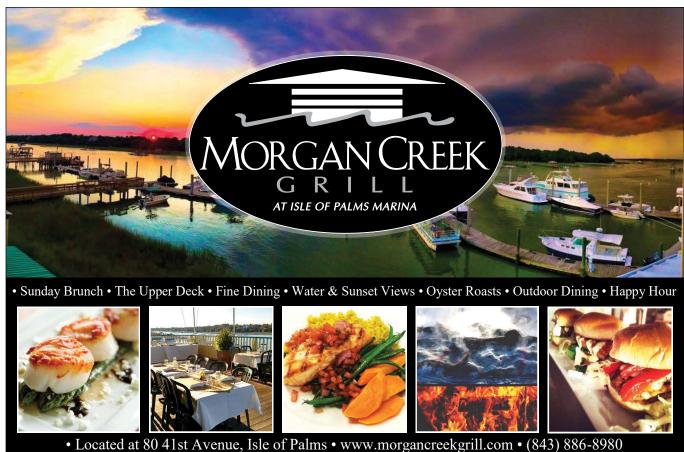
Every summer, when the water warms, school is out and vacations are on the sun-splashed horizon, the barrier island offers the opportunity to add to the nostalgia with new memories. When it's time to head toward the ocean on the IOP Connector, across Breach Inlet from Sullivan's Island or aboard a boat, your new adventure should begin with a trip to the Isle of Palms Marina.

Owners Brian and Beth Berrigan modeled the Marina Market to cater to boaters and children, similar to the marina Brian remembers fondly from his childhood.

"I grew up on Hilton Head Island, but we would spend our summers at my grandmother's house in Niagara Falls," Brian explained. "I have great memories riding big wheels to the marina there. It's the first place we would go. The marina here creates similar memories of family fun for kids today, and the parents really enjoy it, too."

The Marina Market offers a wide range of beach and fishing supplies, bait, tackle, a variety of children's beachwear, floats and toys, as well as the most popular brands of clothing, accessories and gear for adults.





"This is not just a place to get your bait and tackle," Brian said. "We carry quality brands like Yeti, Costa Del Mar, Columbia Sportswear, Rainbow Sandals, Zep-Pro, Lilly Pulitzer, Escapada, Southern Lure, Southern Tide, Salt Life, AFTCO, Croakies and more. We've got what you need whether you're here for a day on the water or a week at the beach."

True to its slogan, the Isle of Palms Marina really is "more than a marina – it's a way of life." It is the only public marina on the Isle of Palms, and it's much more than simply short-term dockage and a three-lane boat ramp. In addition to the Market, the marina offers kayak and paddle board rentals, powerboat rentals, environmental tours, inshore and offshore fishing charters, dolphin-watching harbor tours, trips to Capers Island, custom boating excursions and sunset cruises. If you're hungry, Morgan Creek Grill's incredible views of the Intracoastal Waterway provide a stunning backdrop for fresh seafood and live music. If you feel like getting off the island for a meal or an evening out, the Isle of Palms Marina can help, too.

"A little-known service we offer is to take people to Shem Creek by boat," Brian explained. "A boat arrival for dinner is a great way to start the evening, and many people choose to be dropped off there and take a cab back after dark. We're happy to offer drop-off and round-trip options – those interested can call and schedule what works best for them."

The Isle of Palms Marina is a hub for locals and vacationers alike and a one-stop-shop for anyone hoping to embrace the island's great outdoors, no matter their age.

"If you make the kids happy on vacation, you as a parent are going to have a good vacation," Brian laughed. "Otherwise, it'll be a long week. Luckily, the marina has supplies and activities to help make every visit memorable."

The Isle of Palms Marina is located beyond the gates of Wild Dunes and at mile 456.5 on the Intracoastal Waterway. To learn more, visit iopmarina.com or drop by in person and let your Isle of Palms adventure begin.

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You Need to Know for an Amazing Beach Vacation

RENTING CHAIRS AND UMBRELLAS

Don't worry about finding sand in places sand shouldn't be or looking like a lobster. Instead, rent a chair and umbrella from IOP Beach Gear. They set up every order at your nearest beach access with a "Reserved" tag attached to the chair by 9:30 a.m. and pick it up each day after 5:30 p.m. Prices are tiered and depend on how many days you request. Packages range from \$21 to \$30 per day. Find more at www.iopbeachchair.com.

ISLE OF PALMS COUNTY PARK

The Isle of Palms County Park offers a playground for little ones, outdoor seating and grills, boardwalks, a sand volleyball court, ice cream, drinks, snacks and quick access to the beach! Learn more at www.ccprc.com/60/Isle-of-Palms-County-Park.

HIT UP THE WINDJAMMER

Boasting that you'll always have a "jam good time," The Windjammer always features great live music, even better food, volleyball and the annual Budweiser Bikini Bash. You can also spend a hot Southern afternoon on the deck enjoying an ice cold beer. What's not to love?

GET ACTIVE

The island has endless possibilities for staying fit during your vacation. You can register to take part in the 10k IOP Beach Run on July 16, join OM Outdoor Yoga for some downward dog at sunset or rent a bike and cruise around the whole island. Find more at www. omoutdoors.com and www.isleofpalmsbikerentals.com

TREAT YOURSELF

Take an afternoon (or even the whole day) for yourself at one of the island's spas and resorts. At the Wild Dunes Resort, you can find everything from a warm seashell massage to a dilo sunburn rescue wrap. They even offer a watermelon vodkatini pedicure! You can also check out Beach House Spa to get your glow back with one of their natural facials and body treatments, such as the sugar glow. Um, yes please! See the full menus of services at www.beachhousespa.net and www.wilddunes.com

GO FISH!

The opportunities to reel in your best catch are endless on the Isle of Palms. You can grab your rod and bait









to fish off the pier on the beach or you can charter a boat for some deep sea adventures. The Isle of Palms Marina Fishing Charters, Fish Call Charters, Charleston FishFinder and Charleston Sport Fishing are highly rated companies to check out.

GET A TASTE OF SOUTHERN SEAFOOD

Start your Sunday morning off with brunch at The Boathouse Restaurant with a Boathouse Benedict that features a shrimp gravy. Lunch can't be done wrong at The Refuge. Try out the Lowcountry Club, a yummy combination of Maryland-style crabcakes, shrimp salad and BLT on white bread. Is your mouth watering yet? Finish it up with dinner and a glass of wine at Acme Lowcountry Kitchen, which features everything from grits dishes and seafood pasta to shrimp eggrolls and a Westbrook boil. Find the full menus at www. boathouserestaurants.com, www.therefugeiop.com and www.acmelowcountrykitchen.com.

BRING HOME SOUVENIRS

All good vacations need a little shopping, and The Pavilion Shoppes on Ocean Boulevard is the best place to start. You can find trinkets, ornaments, corny T-shirts,

wind chimes, rentals and more inside each shop. Plus, when you start to sweat from that summer sun, you can grab some ice cream at Ben & Jerry's and then walk right across the street to the beach.

WHERE TO PARK

Unless you're crazy lucky, chances are you won't find an instant parking spot right on the beach during the summer. However, the island offers plenty of alternatives. You can find two lots right by the Pavilion Shoppes which offer parking for tourists and seasonal pass holders. The county park has parking for \$8 to \$10 per car. You can also park along the roads closer to the beach. Find out more at www.iop.net/beach-access-parking.

WATERSPORTS

What's an island vacation without some adventure? Tidal Wave Watersports offers many different options. You can go parasailing on up to 800 feet of line or tackle a wave runner safari on Capers Island. If you'd rather go it alone, you can rent everything from tubes to jet skis to banana boats. Learn more at www.tidalwavewatersports.com.



A Culinary Treasure on the Island The Refuge

oasis sits almost hidden in a back corner. The Refuge brings something new and sophisticated to the island, without ever taking itself too seriously. The brainchild of sisters Jocelyn and Patty Lamond, it is at once ambitious in scope (a full coffee bar, bar/lounge and dining room) and yet simple in

BY TANJA DEPASSE

execution (the spaces flow easily from one to another, and the

menu ties it all together).

The interior is a welcoming mix of coastal chic and clean modern influences, and the sisters worked closely

with local designer Lorraine Vale to achieve its unique look. The result is one of the loveliest dining spaces anywhere on or off the island.

The menus change throughout the day, with the coffee bar's espresso and latte drinks and delicate pastries taking center stage in the morning, along with egg sandwiches and full breakfast options. The afternoon brings soups, salads and sandwiches, and, as the evening tide rolls in, the elegant cocktails and

dinner entrees make their appearance. Weekend brunch is a real celebration, with live music and an extensive menu.

I had the pleasure of being able to spend some time with Head Chef Robert Miller and Executive Chef Jared Rhine to get insight into this ambitious menu, their inspirations behind it and their plans for its future. Miller told me that one of his main priorities is to utilize local ingredients as much as possible. The seafood that makes up the daily catch comes from St. Jude Farms in Edisto, while pastries and desserts are from local bakery Pane Di Vita.

Rhine explained that the menu "... much like the

changing tides will rotate and feature dishes whose inspirations come from all over the world." He went on to clarify that the menu will have several staples. For example, in the present dinner rotation, The Refuge is offering a coffee-rubbed filet topped with a Yukon blue cheese mash. Customers can count on different cuts of beef prepared a variety of ways.

The same concept applies to the daily catch. I was lucky enough to be introduced to that night's featured seafood dish. Miller explained that it was a true Maryland-style crabcake served over haricot verts and topped with fried wontons. When Rhine emerged with the plated special,

my jaw dropped. I was amazed at the size of not only the dish itself but of the large pieces of crab that comprised the crabcake.

The real treat came next. The chefs explained that they had been working on something for a future menu, and it had just come



Maryland-style crabcake with wonton cracklings and lemon-rosemary aioli.

out of the oven – short ribs that had been braised osso bucco style. They plan to serve the short rib on a saffron risotto with fresh gremolata.

Meanwhile, bar manager Michael Fitzgerald was preparing a cocktail for me to try – a jalapeño and cilantro margarita containing a jalapeño simple syrup that Fitzgerald makes himself. The freshly squeezed juices and herb garnishes make his cocktails sing.

The Refuge is located in the Island Center at 1517 Palm Blvd. on the Isle of Palms. To learn more, call 843-242-8934 or visit www.therefugeiop.com.

Summer Fun on the Isle of Palms:

A Doggone Good Time

HERE ARE FEW THINGS BETTER than a day at the beach. South Carolina's beautiful coast is certainly a main reason tourists visit the Lowcountry and eventually move here, hoping to spend endless days enjoying the sun, sand and sea. And, as many dog owners will tell you, the time they spend with

their four-legged friends is an experience that can't be beat.

are swimming in the ocean. And, of course, owners are expected and required to pick up after their pooches. The city has made pooper scooper bags available at more than 25 locations, making the job of cleaning up more convenient. Disposing of those bags in the trash receptacles properly completes the cleaning up process.

There are times when you can enjoy the beach with your dog off-leash, but you must have a leash in your hands and have your canine under voice command. Dogs are permitted to be off-leash from 5 a.m. to 9 a.m. from

> April 1 to Sept. 14 and from 4 p.m. to 10 a.m. from Sept. 15 through

If you and your dog would like a little less sand in your lives or if you are looking for other dogs your canine can socialize with, you're in luck. The IOP Recreation Department has an award-winning dog park at the Recreation Center on 29th Avenue. The "Bark Park," open daily

March 31.

from sunrise to sunset,

is a favorite spot for dogs and owners alike. You can find more information about the Bark Park and its policies at iop.net/facilities.

As the temperature heats up and you head out to enjoy all the Isle of Palms has to offer, having your four-legged family member along for the ride will ensure that you both will enjoy the dog days of summer.

The county park is located between Palm Boulevard and the beach, just off of the Isle of Palms Connector. Visit www.ccprc.com/60/Isle-of-Palms-County-Park for park hours.

For summer tips and precautions for dog owners, visit www.akc.org/learn/dog-health/summer-safety-tips.

BY TANJA DEPASSE

The prospect of hanging out at the beach with a canine companion led me to wonder what island visitors and residents alike would need to know to fully enjoy quality time with their dogs on the Isle of Palms. Here's the scoop.

Those who live on the island are required to have a current city of Isle of Palms license for their dogs, but visitors are not. Licenses can be purchased at the Isle of Palms Police

Department, 30 J.C. Long Blvd., from 8 a.m. to 5 p.m. seven days a week. Dog owners must provide proof of a current rabies vaccination and pay the \$5 fee, then their leash-loving friend is licensed and ready to romp and roll.

I cannot recall a day on the beach when I haven't seen a fun-loving pup and its owner enjoying a seaside game of fetch, a leisurely walk or a rambunctious dip in the ocean. If you are gearing up for a dog day at the beach, knowing the city's regulations and dog friendly options will help you plan for a "pawsome" day.

Leashed dogs are always welcome on the Isle of Palms, including on the beaches and in the county park. Owners must have dogs under control, even when they

Sand Between Your Toes Weddings on the Isle of Palms

By Barbara Millen Patrick

JUST WANT TO FEEL THE SAND BETWEEN my toes," the bride exclaimed as she took off her sandals.

She's not the only one. Beach weddings take place year-round, but summer is prime season on the Isle of Palms and other local beaches.

But, unlike indoor venues, the beach has certain considerations that must be taken into account.

A FEW TIPS

Number one is the weather. Couples visualize sunny days with bright blue skies and a gentle breeze, but Mother Nature often has other ideas, so it's a good idea to have a Plan B in the event of rain. Bring big golf umbrellas or shift the time to dodge rain showers. If it is windy and you're planning an arch for the ceremony, sandbags or weights to hold the decorations in place are essential.

Whether you have just a small group gathered around you or a more formal setup with an arch and white chairs in the sand, remember to think of ways to keep your guests comfortable. Folding fans are a festive and cooling idea. Be sure to bring water on hot days (but leave the alcohol home – booze on the beach is illegal) because your guests will be thirsty.

Stock up on bug spray. It's not your typical wedding favor but your guests will thank you if uninvited guests such as mosquitoes or "no see ums" crash the ceremony. They're guaranteed to show up in the evening (they love sunset weddings as much as people do) right when you are vowing eternal love.

Don't forget to check the tide tables. If the tide is high, the spot you've chosen may be under water. It's good to know if the tide is incoming, lest you find yourselves dodging the waves during the vows.



SOME IDEAS

- The beach really is not the place for stiletto heels or a big, heavy dress with a train. Find some cute flat sandals or bride's flip-flops and say yes to a chic short dress or a simple ankle-length gown. Remember: It might be windy on your wedding day. Only your engagement ring should be flashing!
- Bring a basket of flip-flops in varying sizes for your guests.
- Beach towels are a good seating option. Bring enough for everyone and stack them next to the flip-flops.
- Instead of a runner, make an aisle with seashells or real flower petals.
- Make a few signs with your names, wedding date or quotes for easily portable decorations.
- Most of all, don't worry. Be happy. You're getting married at the beach!

THE IOP RULES

Use the beach access points and stay out of the

- dunes. Make sure your guests know that sea turtle nests should not be disturbed and that picking sea oats is illegal.
- Decorations and chairs should be brought just before the ceremony and removed promptly. Leave only your footprints.
- Advise your guests to park only where authorized and to make sure all four tires are off the pavement.
- Photography on the beach is permitted, but there are specific rules that must be followed. Paid photographers must have an Isle of Palms business license in their possession.
- © Catering and other businesses are not permitted on the beach. If you have off-beach catering, the company must also have a business license.
- Specific questions should be addressed to Douglas Kerr at 843-886-9912.
- If you have a large group, it's a good idea to let the Police Department know about your event. Call them at 843-886-6522.



Recalling Hurricane Hugo's Devastation

IRECTLY AFTER HURRICANE
Hugo in 1989, Publisher Bill
Macchio revealed his limitededition magazine titled "Hurricane
Hugo: Storm of the Century" to
residents of Mount Pleasant and
the surrounding islands. This
harrowing account by Jim Cox originally appeared in its
pages. We hope you will enjoy the look back, and be sure
to stay safe for this storm season.

BY JIM COX • ISLE OF PALMS RESIDENT • 1989

It was 8 a.m. on Sept. 25, four days after Hurricane Hugo. Following an all-night drive from Atlanta, my son's evacuation home, I boarded the harbor tour boat at Patriots Point for a return to the devastated Isle of Palms. In a pouring rain that added to the gloom, we were a ragtag crowd. Having gotten around the curfews, dodged fallen trees and avoided dangling electric lines, I tried to bring my weary brain back into balance.

"We are not at war," I told myself. "We are only displaced persons on a mission of renewal and rejuvenation."

This was the first boat to the island, and the first time anyone had been able to get back since the storm drove us away. To add another war-like dimension to the incredible scene, we, in effect, had to give our name, rank and serial number before boarding the boat. You had to have the proper ID to prove your right to take the "Isle of Palms Clipper."

"Where are you taking us, captain?" Another disheartening response. The only place the boat could berth was at the Wild Dunes Marina, a few miles from the other end of the island where most of us wanted to go.

The rain blew across the deck. The man sitting next to me was an airline pilot who had just come to Mount Pleasant from New York. He wore only shorts and a sport shirt,

was protected only by an umbrella and was shivering.

"Didn't have time to find clothes," he said. "I've rented out my house on the island for the winter, and I



oto by Jim Curd.

need to find out if the people can move in." (It turned out



Sea Cabins condominiums after Hugo landed.

he didn't have a house remaining to rent.)

And then a voice of hope was heard:

- "... the light house is still standing."
- "... Stella Maris Church looks OK."
- "... some places don't look too bad."

My thoughts were strange. Why did this Biblical phrase flash through my mind: "Many are called, but few are chosen?"

We were on the river nearly an hour and had just passed Goat Island. It looked as though a water-going street sweeper had passed by, throwing docks and chairs, boats and chimneys, toilet bowls and bookcases upon the shore. For a mile, the land was littered with household furnishings and debris, while in the background an occasional

desolate and gutted dwelling raised its broken body.

The scene and the circumstances became even weirder. The ill-clothed and bleary-eyed group stood and stared at a crazy bridge, askew at a 35-degree angle, useful only for a wild, high-jumping water skier.

"How could wind blow down the Ben Sawyer Bridge like that?" someone asked.

No answer, except one woman who spoke in a trembling voice, "It's awesome."

An angry voice: "You can thank Sullivan's Island...

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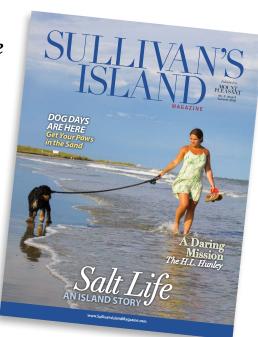
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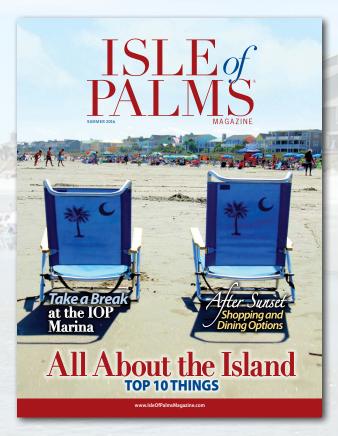


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